



PennCares is a community-based organization that provides early intervention, work opportunities, and life-long support services.

We address the full continuum of care with dedication, skill, and a commitment to quality support, individual empowerment, and promoting independence.





Upcoming Webinars



Our professional trainings offer researched-based programs designed to assist professional and family caregivers meet the needs of older adults with behavioral challenges.

August 30 - Preparing Families for Raising Grandchildren from Diverse Generational Lenses - Part II

Review learning objectives from Part 1 as well as learn key concepts to understanding the multi-generational experience

September 13 - Workplace Well Being

Learn about finding an ideal work life balance, ways to prevent burnout, and learn how to encourage work-life balance for employees.

September 18 - The Sandwich Generation

Discuss some helpful ways to support family engagement in the 21st century and have some meaningful conversation about the value and importance of self-care

September 21 - Respecting the Impact of Trauma

Gain a working knowledge of trauma informed care

September 27 - Diversity, Equity, & Inclusion in the Workplace

Learn what DEI means, how it can positively impact our society, what implicit bias is and how it fits in to the workplace.

October 16 - Mental Health Roadmap

Gain a hearty sense of establishing purposeful goals, tips to seeking support and learn basic tips on how to build a toolkit of resources as your guide.

October 23 - Cultural Humility & Diversity in Working with Individuals with Disabilities and Paralysis

Participants will explore cultural humility's genesis and the ways in which it has been used to produce inequity-reducing research, clinical practice, and policy. Special focus will be honored by discussing the impact of culture and equity on those with disabilities.

[To learn more or to register, click here.](#)

Registration opens 8-10 weeks before the date of the training.

We're Hiring

Part-Time Caregivers

Franklin, York, & Adams Counties

Be a part of improving the quality of life for individuals with disabilities and the elderly. Assist to allow individuals to maintain their independence in their own homes. Gain fulfillment and build positive 1-on-1 relationships with people as you assist them in their daily lives.

PennCares is a non-profit homecare agency. We are hiring caregivers to provide non-medical, in-home care to adults with disabilities and elderly people. PennCares has been in the home care industry since 1962.

Part-Time, no experience necessary, starts at \$13.00-\$13.50, pays up to \$16.00

Flexible Hours & Great Benefits!

[Click Here to Apply!](#)



We're Hiring

Early Intervention Therapists

PennCares provides services for children from birth to three years of age who are evaluated and determined to have a 25% delay in any developmental area

Join Our Early Intervention Team!

Are you passionate about empowering children and their families to overcome challenges and reach their full potential? We are thrilled to announce incredible job openings for:

Special Instructors
Physical Therapists
Speech Therapists
Occupational Therapists

You can play a vital role in transforming lives and shaping a brighter future!

Positions available in York, Adams, Franklin, and Fulton Counties.

Please contact the PennCares office at 717-632-5552 for more information!



What's New ?

Celebrating the Remarkable Graduation of our Pre-School Class of 2023!



We are absolutely delighted to share the incredible news of our Hanover Pre-School Class of 2023 who graduated this May! It is with immense joy and pride that we celebrate this significant milestone in their educational journey.

Our little graduates have grown and thrived throughout their time in pre-school, and it has been an honor to witness their development and achievements. They have blossomed into curious learners, compassionate friends, and confident individuals, ready to embark on the next chapter of their educational adventure.

We express our deepest gratitude to the remarkable teachers who have nurtured and guided our pre-schoolers every step of the way. Their unwavering dedication, patience, and passion have played an instrumental role in shaping our young graduates into the confident, inquisitive individuals they have become.

As we bid farewell to our pre-schoolers, we are filled with a mix of emotions—pride, nostalgia, and excitement. We are confident that they are equipped with the skills, knowledge, and values to thrive in the years to come. We eagerly await the next chapter of their educational journey, knowing that they will continue to shine brightly.

We would like to take this opportunity to congratulate the PennCares Hanover Pre-School Class of 2023 once again and wish them the very best as they move forward. May they continue to embrace learning, explore their passions, and embrace the challenges that lie ahead.

PennCares preschools enable children with a range of functional abilities to participate in activities and experiences in inclusive settings. They ensure that every young child has access to quality learning environments, to typical educational routines and activities, and to the general preschool education curriculum.

PennCares Preschool classes are held in Hanover and York.

What's New ?

Revitalizing Minds: PennCares Brings Wits Workout to Senior Centers and Communities Statewide

PennCares has been traveling to different senior centers in Pennsylvania to present Wits Workout, an interactive brain health program for older adults.

Drawing on brain health and aging research, educators from the University of Illinois Extension created Wits Workout, which consists of a 24-Unit curriculum guidebook designed for professionals to facilitate these brain exercise classes. This interactive model serves a need in increasing socialization, reducing isolation, and promoting intellectual engagement in older adults.

Thanks to a generous grant from The Foundation for Enhancing Communities, we have been conducting the acclaimed Wits Workout program at Harmony at West Shore, a senior living community, and Mechanicsburg Area Senior Center in Cumberland County.

Additionally, we are grateful to the York County Community Foundation for their partnership, enabling us to bring this transformative program to the esteemed White Rose Senior Center in York County. These grants exemplify our shared commitment to empowering older adults with engaging and interactive brain health initiatives, fostering a vibrant and fulfilling aging experience for all.

PennCares also conducts the program at the Mansfield Active Living Center in Tioga County, sponsored by PA Link, making for a total of 4 senior facilities across the Commonwealth.

If you'd like more information on how to bring Wits Workout to your Senior Care Facility, please reach out to Executive Director and Master Trainer, Deborah Allen at dallen@penncares.org.



College Internships Program




Attention, Ambitious Students!

Unlock Your Potential with Our College Internships Program!

Are you eager to gain real-world experience while still pursuing your college education? Look no further! We are thrilled to announce our exceptional College Internships program designed specifically to ignite your career and launch you into professional success.

Available Internship Fields:

- Human Services
- Social Work
- Nursing
- Special Education
- Early Childhood Education
- Recreational Therapy
- Physical Therapy
- Speech Therapy
- Occupational Therapy

 **Call us at 717-632-5552 to learn more!**


What's New ?

Is your organization interested in hosting an interactive dementia training for staff?



IS OFFERING

DEMENTIA Live[®]



PennCares is proud to offer the **Dementia Live Experience** geared for family members, caregivers, students, professionals who work with older adults, or anyone in the helping/healthcare profession.

- Using specialized gear, participants gain a heightened awareness of understanding of the challenges faced by those who live with dementia.
- This is an **interactive experience**, which teaches participants how to respond to the cognitive, emotional and behavioral changes presented by individuals with dementia.
- The Empowerment learning tools will assist you with improving communications, caring processes, and creating a Dementia-friendly environment.
- Discussion at the **Empowerment Session** rounds up this unique experience to provide participants the time, space, and guided discussion to consider, understand and learn from their "Experience".
- Participants will leave this training with a *greater understanding* of what individuals with dementia encounter, which leads to more sensitive care partnering.

This training is **UNIQUE!** It can be customized to your specific organization's needs and time schedule. Call us at [717-632-5552](tel:717-632-5552) or email dallen@penncares.org and schedule this exclusive training today!