

CAREGIVER NEWSLETTER

Volume 1 / Issue 11

December 2023

CAREGIVER SPOTLIGHT

This month caregiver spotlight is
HEATHER LUACES

On behalf of the staff and
your consumers, we want to
thank you so much for your
hard work and dedication.

We appreciate all you
do!!

You will be receiving a gift
card! Enjoy!

*“Caregiving often calls us to lean into love we didn’t know
possible.”*

Car Winter Survival Kit Checklist

- **Flashlight and extra batteries**
- **First Aid Kit**
- **Snow Shovel**
- **Ice Scraper with Brush**
- **Blankets/Sleeping Bag**
- **Non-Perishable Food (Granola Bars, Dried Nuts, etc.)**
- **Bottled Water**
- **Booster Cables**
- **Extra Clothing (Hats, Mittens, Parkas, Boots)**
- **Sand//Kitty Litter (Used for Traction)**
- **Cell Phone and Charger**
- **Flares/Triangles and other Bright Objects**

IS YOUR VEHICLE WINTER READY?



[For more information on winter car safety, click here](#)

Welcome

New Caregivers

Amber Banks

Riahna Malay

Ian Fralic

Melissa Baker

Jessica Ferry

Naomi Phinney

Julia Walsh

Sarah Wilson

Corrina Reigart

PJ White

Victoria Blackwell

Thomas Dauber

Vanessa Reyes

Jennifer Smith Parker

Elizabeth Hicks

Deborah Cooper

HOLIDAY WORDSEARCH



F P T V N
 A K Y Z O C B
 J V U D N R A H V
 I C E S K A T E S Z Q
 O C I C O R L V V R V
 Q Y A A P L J R W P G
 M B W N R S I P H M D
 H A D E N N Z O O
 N Y S E G N T
 R Z A C E T L A C J Y
 N W H U A N T E M H E X S
 G I H G G N T I B W O Y I U D
 I M C W I H E W M E O C L L A J Y
 V H E I E T L Z M L N O L A L U E
 Y F J N L Y B H L L S L O H C D L
 O T F T S Q M R M S J A H S A E F
 Q M G E R E T A E W S T O D T C H
 L L O R H R H T I N S E L S N M Y
 C H R I S T M A S T R E E A U
 R E I N D E E R G X R E S

WORD LIST

CANDY CANE
 CHRISTMAS TREE
 COZY
 ELF
 HOLLY
 HOT CHOCOLATE
 ICE SKATES

IVY
 JINGLE BELLS
 MITTENS
 NAUGHTY
 NICE
 PRESENT
 REINDEER

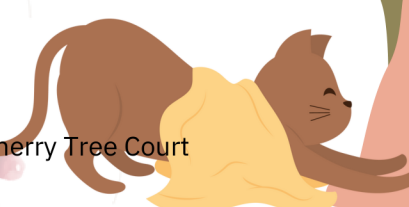
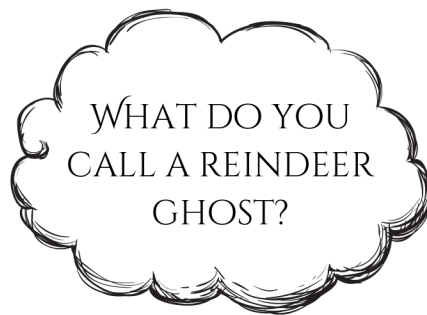
SANTA CLAUS
 SLEIGH
 SNOWMAN
 SWEATER
 TINSEL
 WINTER

Homemade GIFTS MADE EASY

WHAT'S YOUR MOTIVATION?

ROSEANN STEWART, ADMIN ASSISTANT

"Being part of helping someone remain as independent as they can is a blessing. The behind-the-scenes work being manifested before my eyes in the support that every caregiver provides makes this all worth it. There is a fulfillment I experience when I get to be a part of assisting someone on their journey."



Slip-and-Fall Safety Tips for Winter Weather



Watch out for black ice



Wear shoes with good traction



Use your cane or walker if you have one



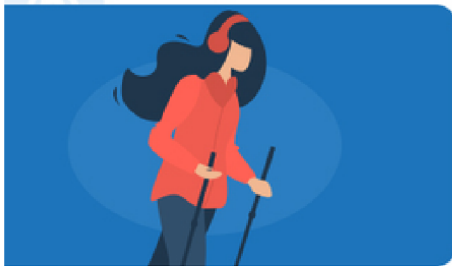
Make use of handrails when available



Take short, small steps



Clean caked snow and ice out of the tread of your shoes



Bend slightly forward to place your center of gravity over your feet



Keep your hands out of your pockets for better balance

Happy Birthday!

Kayleigh Kight **Stephanie Forry** Gail Carberry **Bobby Miller** Terri Wagaman **Vigelsha Thomas**

Heather Luaces **Amber Banks** Robin Holtzinger **Sarah Wilson** Crystal Brantley **Julia Walsh** Cynthia Lima

Lynne Clingan Dometta Shindledecker **Elizabeth Hicks** Elizabeth Brantley **Sierra Steiner**

Vanessa Brooks **Vanessa Reyes** Tammie Woolgar **Tehya Harris** Jennifer Smith-Parker

Carly Turner

HAPPY Anniversary!

"You are doing a great job in your professional life. Your hard work, creativity, and effort are really appreciated. Best wishes."

DECEMBER

Lorraine Miller - 1 year

Crystal Brantley - 2 years

Dometta Shindledecker - 11 years

Toni Flasher - 3 years

JANUARY

Richard Farbman - 4 years

Fausta Gomez de Puello - 11 yeras

Cheyenne Barron - 1 year

Reina Zapata - 4 years

Arlene Blizzard - 15 years

Ashley Brantley - 2 years

Roy Crist Jr. - 7 years

FEBRUARY

Tammie Woolgar - 5 years

Luz Marie Vasquez - 9 years

Drew Kauffman - 1 year

Elsie Chery - 11 years

Amy Shipley - 5 years

Rosa Reyes de Leon - 1 year

Announcements

FALL IN-PERSON HANDS-ON TRAINING

ONGOING

This training will be ongoing. You will have to complete this again next year. It is part of the training schedule.

RECOGNITION

Rachel G., Margaret M, and Stephanie C. were the winners of the gift card for the Thanksgiving drawing.

Congratulations ladies!!!

***Amy Shipley and Toni F.* were the winners of the Pumpkin contest.**

Congratulations ladies!!!

Be on the lookout for more consumer/caregiver activities!!!

IN NEED OF SUPPLIES?

Reach out to Missy mchittum@penncares.org with the quantity and we will get them to you.

Please make sure you are completing your tasks, task notes, and visit notes at the end of each shift. Please make sure to complete your trainer/trainee questionnaires at the end of each training shift.

Connect with us on Facebook. We have a group just for caregivers! It is called PennCares VIP. Check us out! Scan the QR code for access or search "PENNCARES VIP" on Facebook.

Clocking in/out must be done from the client's home using the Generations app or Telephony 1-866-595-7534 (using the client's telephone).

To streamline calls please call 717-632-5552 option 4 for In-Home Program. You need to call this number for running late, calls off, to report incidents, etc., No texting, please. Thank you.

Trivia Answer: Cari-Boo!!



Discounts

**Batteries
Plus+**

York, PA

10% discount when you
present your badge

*When asked about tax exemption
please decline.

**BATTERY
WAREHOUSE**

Hanover, PA

10% discount when you
present your badge

*When asked about tax exemption
please decline.



CommunityAid
NEIGHBORS HELPING NEIGHBORS

On Hero Day,
present your badge for
a discount.