

CAREGIVER NEWSLETTER

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September 2023

"It is not the load that breaks you down. It's the way you carry it."

CAREGIVER SPOTLIGHT

This month caregiver spotlight is KAYLEIGH KIGHT

On behalf of the staff and your consumers, we want to thank you so much for your hard work and dedication. We appreciate all you do!! You will be receiving a gift card! Enjoy!



How to Prepare Your Car for Fall

Check the Belts and Hoses

Look for cracks, leaks, and wears in the belts and hoses. You want to ensure that there are no signs of splitting, fraying, or glazing. One major problem with faulty belts and hoses is overheating. Although this usually occurs in the Summer, it can occur any time of the year, including during the colder months. If you notice any problems with these car components, then you should take your vehicle to your local mechanic.

Check the Fluid Levels

It is crucial to replace your car's fluid levels, as necessary. This would include windshield washer fluids, transmission fluids, coolant, brake fluids, and power steering fluids. All are very important for ensuring that your car runs smoothly. Washer fluid is important for maintaining visibility. Transmission fluid is important for cooling. Coolant regulates the engine's temperature, while brake fluid serves as a lubricant, preventing corrosion. Power steering fluid is crucial for operating the vehicle.

For more tips to get your car ready for fall <u>click here</u>.

788 Cherry Tree Court

Hanover, PA 17331

PennCares

To apply for LIHEAP <u>click here</u>

What is LIHEAP?

The Low-Income Home Energy Assistance Program (LIHEAP) helps low-income families pay their heating bills. LIHEAP is a grant. You do not have to repay it.

To receive help...

• Apply between Nov. 1, 2022 and Apr. 28, 2023. • You don't have to be on public assistance

 You don't need to have an unpaid heating bill

You can either rent or own your home

How does LIHEAP work?

LIHEAP offers both cash and crisis grants. Families may apply for:

Cash Grants

Cash grants help families pay their heating bills. The one-time payment is sent directly to your utility

company or fuel provider, and it will be credited on your at 711 for the hearing impaired. bill. (In some cases, the check may be mailed to you directly.) Cash grants range from \$300-\$1000 and are To apply, you will need based on household size, income, and fuel type.

Crisis Grants

Crisis grants may be available if you have an emergency situation and are in jeopardy of losing your heat. You

can receive more than one Crisis grant, as necessary, during the season until the maximum benefit of \$1000 is reached.

Crisis situations include:

 Broken heating equipment or leaking lines that must be fixed or replaced

- Lack of fuel
- Termination of utility service

• Danger of being without fuel (less than a 15 day supply) or of having utility service terminated (received a notice that service will be shut off within the next 60 days)

If you have a heating emergency please call your local county assistance office (CAO).

How do I apply?

Apply online at: www.compass.state.pa.us

• Request an application by calling the Statewide

LIHEAP Hotline at 1-866-857-7095 or call PA Relay

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Applications are available at your local CAO
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- Names of people in your household
- · Dates of birth for all household members

· Social Security Numbers for all household members • Proof of income for all household members

• A recent heating bill

Who is eligible?

You may qualify for a LIHEAP grant if your household income meets the following income guidelines:

INCOME GUIDELINES 2022 - 2023 LIHEAP

| Household Size | Maximum Annual Income |
|--|--------------------------|
| 1 | \$ 20,385 |
| 2 | \$ 27,465 |
| 3 | \$ 34,545 |
| 4 | \$ 41,625 |
| 5 | \$ 48,705 |
| 6 | \$ 55,785 |
| 7 | \$ 62,865 |
| 8 | \$ 69,945 |
| 9 | \$ 77,025 |
| 10 | \$ 84,105 |
| Each Additional Person Add \$ 7,080 | |

After your application is processed, you will receive a written notice that will tell you if you qualify. If eligible, it will tell you the amount of your grant.

welcome

New Caregivers

Stephanie Ches Nehemiah Coy Kayleigh Kight Grace Shelton Elizabeth Mureen Janell Ivey **Teyha Harris** Marissa Miler Charlene Jackson Aiyana Jackson Sierra Steiner John Golden Barbara Rode Heather Luaces Terri Wagaman **Carly Turner**

WHAT'S YOUR MOTIVATION

RICH FARBMAN, HR GENERALIST

"I love the work-life balance that this job allows. I can do what I need to do for my family and myself, and not only is it acceptable, it's encouraged. I also like the fact that I get to hire people to help other people in the community."

> 28,000 PEOPLE HURT Themselves every Year raking leaves.

DID YOU

KNOW..?

788 Cherry Tree Court

irthda

Shannon Moyer-Potts **Sharon Machamer** Lorraine Miller **Stephanie Ches** Rose Kopp **Jeanette Lippy** Christina Moore **Lynn Rotz** Tara Hightower **Sonia Lucre** Barbara Rode **John Golden** Josiah Hernandez **Elizabeth Murren** Zamora Espn Altland **Rachel Gensmer**

iversary

"You are doing a great job in your professional life. Your hard work, creativity, and effort are really appreciable. Best wishes."

AUGUST

SEPTEMBER

Christina Moore - 1 year

Tara Hightower - 1 year

Kelly Adams - 4 years

OCTOBER

NOVEMBER

Rose Kopp - 16 years V Sarah Rutledge - 3 years T Margaret Murray - 3 years A Shannon Moyer-Potts - 1 year S Robin Holtzinger - 3 years

Vanessa Brooks - 1 year Timothy Becker - 2 years Angela Young - 4 years Sharon Machamer - 11 years

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Announcements

FALL IN-PERSON HANDS-ON TRAINING COMING SOON

Fall 2023

More information to come via email.

Failure to complete training means removal from the schedule until its completion.

REMINDER

As many of you know we are using the HCMtoGo app for missed punches and time off requests. If you have any questions about the app please do not hesitate to reach out to Missy Chittum *mcchittum@penncares.org*

Clocking in/out must be done from the client's home using the Generations app or

Telephony 1-866-595-7534 (using the client's telephone).

IN NEED OF MORE SHIRTS?

Reach out to Missy *mchittum@penncares.org* with the size and quantity.

For your tasks with your clients please check the "Blank tasks were offered and refused" task. Also if a task has not been completed you MUST add a task note (i.e. "Client refused"). This is a STATE requirement. Failure to comply with this will result in disciplinary action.

Connect with us on Facebook. We have a group just for

caregivers! It is called PennCares VIP. Check us out! Scan

the QR code for access or

search "PENNCARES VIP" on Facebook.

To streamline calls please call 717-632-5552 option 4 for In-Home Program. You need to call this number for running late, calls off, to report incidents, etc., No texting please. Thank you.



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