

## Upcoming Events

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### Trainings

[10/19 Hoarding and Bullying in a Senior Setting](#)

[10/25 Family Dynamics of Dementia Care – The Chapel at Country Meadows Retirement Communities, York, PA.](#)

[11/6 Compassionate Touch Training- VNA of Hanover & Spring Grove, PA](#)

[11/16 Improving Outcomes for Children with Traumatic Brain Injury- Chambersburg, PA](#)

### Events & Happenings

[10/1 Suicide Awareness and Prevention Event at the Capital](#)

[10/12 PennCares Yard Sale 8am-3:30pm-788 Cherry Tree Court, Hanover, PA.](#)

[11/2 Aging Gracefully- The 28th Annual Educational Excellence for Health Care Providers and Educators Conference at the Penn Stater Hotel & Conference Center, State College, PA.](#)

# PennCares

## News You Can Use



*PennCares Leadership Team*

## IN HOME PROGRAM

Did you know that we began serving adults with intellectual disabilities last year? We have just about 10 participants in this program. The difference between services includes goals that are worked on with the participant to assist them in completing Adult Daily Living skills more independently.

We are also now serving participants in Dauphin County (Harrisburg area) and we will be serving our first Lancaster participant next month. We currently serve the following Counties: Adams, Cumberland, Dauphin, Fulton, Franklin, Lancaster and York. If you know of anyone who needs our assistance in these areas, please have them contact us at 717-632-5552.

101! Not Dalmatians, but staff. We currently employ this number of caregivers. We want this number to grow so we can help take care of more participants. Please encourage interested friends and family to apply online at [www.penncares.org](http://www.penncares.org) today. We would love to speak with them!

[11/19 & 11/20 Taste of Dementia & Strategies for Successful Aging-2018 National Conference on American Mental Wellness Association: A Healthier Mind is a Happier Life at the Hershey Lodge, Hershey PA.](#)

## INFORMATIONAL LINKS

[4 Balance Enhancing Exercises Seniors Can Do at Home.](#)

[Pennsylvania Supreme Court Rules in Favor of Governor's Order on Homecare Workers.](#)

[New Research Shows that being a caregiver has benefits.](#)

[Suicide Prevention Month: Ideas for Action, Don't Get Mad, Get Funny.](#)

[Early Intervention Information](#)  
[Is my child's behavior typical?](#)

For more information on upcoming trainings and events or to register, visit us on the web at [www.penncares.org](http://www.penncares.org)

## CHILDREN'S PROGRAM



### Sensory Story Time to Expand to Biglerville

PennCares has partnered with Adams County Library Systems and will be expanding sensory story time to the Harbaugh Thomas Library in Biglerville. The library will host a 6-week session of sensory story time. Sensory story time in a story time aimed towards young children with sensory processing, autism and other special needs.

Sensory Story Time Schedule:

Mondays at 10:30am at the Gettysburg Library

Wednesdays at 10:30am at the Jean Trone Memorial Library in East Berlin

Thursdays at 10:30am at the Harbaugh Thomas Library in Biglerville

For more information about sensory story time, contact Gerrie Reddinger, Children's Program Coordinator at [greddinger@penncares.org](mailto:greddinger@penncares.org)

### We Want You!

PennCares Children's Department in Hanover and Chambersburg needs a few good kids. We currently have a few openings in our Child Development Group and Preschool for children aged 18 months to 4 years. While both group and preschools are inclusive, we need typical kiddos to act as peer mentors to their classmates with developmental delays.

Playgroup in Hanover is Monday through Friday from 9am - 11am. Preschool is Tuesday & Thursday from 12pm -2pm.

Playgroup in Chambersburg is Monday through Friday from 9am – 11am. Preschool is Monday & Wednesday from 12pm – 2pm.

Playgroup in York is now enrolling for our new expanded location.

For more information or to register your child, please email Cynthia Bosserman, Director of Children's Program at [cbosserman@penncares.org](mailto:cbosserman@penncares.org)

## Contact Us

### PennCares Locations

#### Hanover Office

788 Cherry Tree Court  
Hanover, PA 17331

#### York Office

100 Leader Heights Road  
York, PA 17403

#### Chambersburg Office

550 Cleveland Avenue  
Suite 209  
Chambersburg, PA 17202

#### Phone:

1-800-333-3873

#### Email:

[info@penncares.org](mailto:info@penncares.org)

#### Website:

[www.penncares.org](http://www.penncares.org)

## New Faces

### Heather Kreeger

Heather will be joining PennCares as our intern from August thru October. Heather is from York and has attended HACC for Social Science and Millersville University for a Dual Bachelors-Sociology/Criminology. She currently is attending the University of South Florida for her Master's in Public Health/Certificate in Social Marketing. In her spare time, she enjoys taking her dogs hiking, shopping, and musicals. When she is not at PennCares for her internship, she is a crisis counselor at Wellspan and a PRN psychiatric technician. Heather has been in the behavior health field for 16 years.

### Cathleen Berkey

Cathleen Berkey has joined PennCares as the York/Adams Link Coordinator. She is a retired state employee, graduated from Frostburg State University with a degree in Psychology. She enjoys gardening, traveling, reading, knitting, and pet sitting. Cathi can be reached at [cberkey@penncares.org](mailto:cberkey@penncares.org)

### Meg Pillsbury

Ms. Meg is the new lead teacher for our Child Development Group and Preschool in York. Meg comes to PennCares with many years of experience in early childhood. In Meg's spare time, she enjoys painting murals; spending time with her family and helping her daughter plan for her upcoming wedding.



## **JOB OPENINGS:**

### **Assistant Teacher**

Would you like to make a difference in a child's life? PennCares is looking for an assistant teacher for our new Child Development Group located near Red Lion. This is a part time position whose hours would be great for a retiree, college student or stay at home parent. To apply, please send your resume to [cbosserman@penncares.org](mailto:cbosserman@penncares.org).

### **Early Intervention Therapists**

Occupational Therapists, Physical Therapists and Speech and Language Pathologist needed in both York/Adams and Franklin/Fulton counties. All applicants must be state certified and have a minimum of two years' experience working with children with special needs. Please send resume to [cbosserman@penncares.org](mailto:cbosserman@penncares.org).

### **MARKETING, PUBLIC RELATIONS and DEVELOPMENT Position**

PennCares is seeking a self-motivated and enthusiastic individual to support our local marketing and development efforts. The individual will work on non-profit marketing, media relations, social media, communications, donations, and fundraising. They will work primarily with the Executive Director as well as with all PennCares staff and volunteers to help increase overall awareness of PennCares. For more information or to apply contact [dallen@penncares.org](mailto:dallen@penncares.org).

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*PennCares advances the quality of life and promotes independence and productivity for people with disabilities and challenges throughout their lives.*

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